



**BOOKS, STATIONERY**

- 88 Smiggle
- 154 Bescon Christian Books
- 146 The Works
- 100 WHSmith

**CAFES, RESTAURANTS**

- 176 ASDA
- 44 Boswells
- 137 Brown Bear's Coffee House
- 116 Cafe Venetian
- 21 Caspian Fish Restaurant
- 31 Castaways
- 160 Chans Noodle Bar
- 40 Cherry On Top
- 96 Costa Coffee
- 167 KFC
- 5 McDonald's
- 153 Millington's
- 161 Mr Chippy
- 19 Rabaiotti's
- 84 Starbucks
- 6 Subway
- 65 Warrens Bakery

**CHARITY**

- 39 British Heart Foundation Home Store
- 14 Cancer Research UK
- 34 St David's Foundation
- 162 Ty Hafan

**CHILDRENSWEAR**

- 43 House of Fraser
- 170 Matalan
- 174 New Look
- 107 Peacocks
- 169 Primark
- 3 Pretty Miss
- 86 River Island
- 102 Select

**DISCOUNT**

- 36/37 Home Bargains
- 13 Poundland

**ENTERTAINMENT, LEISURE**

- 163 Betsred
- 45 Casino
- 109 Club 3000
- 46 Congress Theatre
- 50 Ladbroskes

**ESTATE AGENTS**

- 147 DP&J Newland Rennie
- 9 Peter Alan Estate Agents

**FASHION: LADIES, MENS**

- 173 Bonmarché
- 43 House of Fraser
- 62 Jack & Jones
- 85 JD Sports
- 170 Matalan
- 174 New Look
- 107 Peacocks
- 169 Primark
- 86 River Island
- 105 Roman
- 102 Select
- 120 The Wardrobe
- 78 Yours Clothing

**FASHION ACCESSORIES**

- 98 Claire's
- 88 Smiggle
- 143 Luggage and Bags

**FINANCIAL**

- 29 Barclays
- 52 Co-operative Bank
- 74 Halifax
- 53 HSBC
- 28 Lloyds Bank
- 59 Moneyline Cymru
- 144 Monmouthshire Bld Soc
- 77 Nationwide
- 54 NatWest
- 168 Principality Bld Soc
- 15 Santander
- 164 TSB

**FOOTWEAR & REPAIRS**

- 141 Clarks
- 41 Deichmann Shoes
- 16 Shoe Zone
- 153 Spare Key Shoe Repairs
- 131 Timpsons
- 103 A G Meek

**GIFTS, CARDS**

- 145 Cane & Able
- 95 Card Factory
- 104 Card Value
- 7 Clintons
- 8 Doodlebug
- 100 WHSmith

**GROCERIES**

- 176 ASDA
- 135 Douglas Willis
- 23 Heron Foods
- 108 Iceland
- 100 M&S Simply Food (inside WHSmith)

**HAIRDRESSING**

- 149 Cwmbran Barbers
- Cwmbran Hair and Beauty Spa Express
- 111 Guy Christian
- 67 Michelle Hair Design
- 49 Style Barbers
- 157 The Hair and Beauty Parade

**HEALTH AND BEAUTY**

- 130 Bodycare
- 71 Boots
- 126 Holland & Barrett
- 22 Hollywood Nails
- 42 Superdrug
- 97 The Body Shop
- 121 The Perfume Shop
- 90 The Fragrance Shop

**HOUSE & HOME**

- 166 Shaws the Drapers
- 171 Wilko
- 170 Matalan
- 169 Primark
- 43 House of Fraser

**JEWELLERY**

- 140 Clogau
- 64 F Hinds
- 127 H Samuel
- 138 Jeffries Fine Jewellers
- 68 Jordan Jewellery Design
- 93 Pandora
- 92 Warren James

**MOBILE PHONES**

- 122 O2
- 129 EE
- 119 Get Connected
- 132 Phone Matters
- Kiosk Trendz Phone
- 91 Three Phone Store
- 89 Vodafone

**MUSIC, GAMES, DVD's**

- 76 Game
- 75 HMV
- 155 Warhammer

**OPTICIANS, DENTISTS, HEARING SPECIALISTS**

- 26 Cwmbran Dental Care
- 172 Specsavers
- 139 The Optic Shop
- 99 Vision Express
- 158 Wysesome & Parry Dentist

**PUBS**

- 1 JD Wetherspoons

**SERVICES**

- 20 Careers Wales
- 48 Citizen's Advice Bureau
- 57 Cwmbran Acupuncture
- 55 Cwmbran Library/ Torfaen Customer Care
- 24 ITEC
- 51 Jobcentre Plus
- 100 Post Office
- 63 Shopmobility

**SPECIALIST SHOPS**

- 10 CEX
- 117 Cwmbran Fancy Dress
- 152 Good Hemp
- 112 Infinity Mist
- 159 K&J Crafts
- 101 Max Spielmann
- 80 Market Village
- 106 Menkind
- 110 Ramsdens
- 30 Regenerate
- 17 Sin City Comics & Gaming
- 148 Taylor Made Alterations
- 82 The Television & Movie Store
- 66 Vapurlicious

**SPORTS & OUTDOORS**

- 85 JD Sports
- 124 Mountain Warehouse
- 25 Moti
- 175 Sports Direct
- 72 Trespass

**TAKEAWAY FOOD**

- 21 Caspian Fish Restaurant
- 160 Chan's Noodle Bar
- 96 Costa
- 134 D W Food To Go
- 2 Domino's Pizza
- 33 Greggs
- 114 Greggs
- 136 Greggs
- 167 KFC
- 5 McDonalds
- 161 Mr Chippy
- 4 Papa John's
- 84 Starbucks
- 6 Subway

**TOYS**

- 79 The Entertainer

**TRAVEL**

- 125 Hays Travel
- 94 NIMMoney
- 110 Ramsdens
- 87 TUI
- 165 TUI



**SYMBOL KEY**

- Car parking
- Disabled parking
- Parent and Child Spaces
- Telephone
- Motorcycle parking
- Toilets
- Information
- One-way
- Bicycle parking
- Electric Charging Point

**OFFICES**

Organisation	Building	Floor
Cwmbran Centre Management Offices	Powys House	1
Compassionate Planning	Powys House	2
Kings Finance	Powys House	2
People Plus	Powys House	2
Pendragon (Design & Build)	Pendragon House	2
Department of Works & Pensions	Glyndwr House	2
HM Courts Services	Glyndwr House	2
Quality Solicitors Ruben Lewis O'Brien	Gwent House	3

Sainsbury's

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Centre Guide